

# Resident Empowerment Services Update

MARCH 2021

FRESNO VIBRANT  
COMMUNITIES  
QUALITY HOUSING ENGAGED  
HOUSING RESIDENTS



Fresno Housing will honor the birthday and legacy of Cesar Chavez  
with a virtual event on March 26.

**FRESNO HOUSING RESIDENTS ARE INVITED!**

Friday, March 26, 2021, at 3 p.m.

## Learn About

Who was Cesar Chavez?

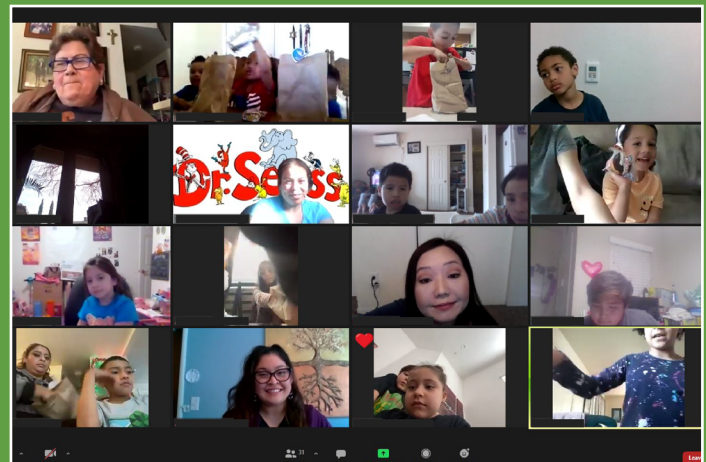
What was the movement?

Why are farmworkers important in our community?

[www.tinyurl.com/fresnohousingcesarchavez](http://www.tinyurl.com/fresnohousingcesarchavez)

## Celebrating Read Across America Day

As part of an annual tradition, Fresno Housing gathered for Read Across America Day with several events on March 2. Also known as Dr. Seuss Day, the event is held on Dr. Seuss's birthday. Read Across America Day focuses on motivating children to read and getting them excited about reading. This year, Fresno Housing celebrated with youth at several properties by hosting a virtual reading led by Mr. and Mrs. Farber. Books were also distributed to the participants' households, along with a Dr. Seuss activity packet and craft.



## Virtual Teen Summit

Fresno Housing honored teenage residents by hosting the first Virtual Teen Summit on Saturday, March 20, 2021. The Summit included several agencies that provide teen services and programs. Each agency discussed appropriate programs and services. Included in the event were trivia games, prizes and each participant received a certificate of completion for the following programs:

Youth Financial Education

Teen Driving/Start Smart

PATH (Performing Above the High)



## Meet Our Resident Empowerment Intern and Learn More about Outrun Fun

Hello Everyone,

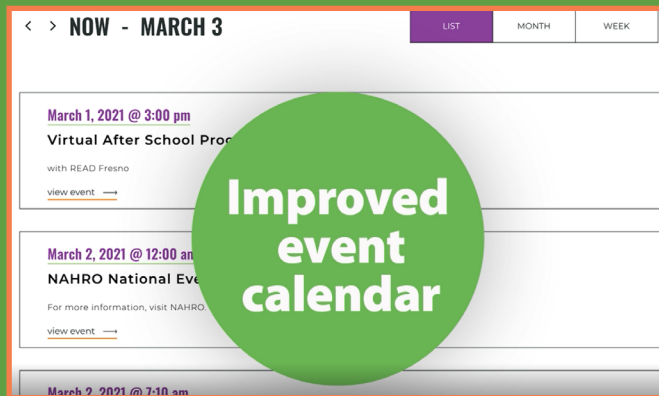
My name is Kiana N. Quiocho, and I am the new intern for Resident Services. I am currently a senior at Fresno State, studying Child and Family Science. I am here because I am passionate about working with families and young children. I have lived all of my life in the Central Valley. Growing up, my family operated and owned a Mexican restaurant in Clovis. It was passed down in my family from generation to generation and is where I learned about the essence of hard work and the dedication of family. I believe that this is why I have ended up at Fresno Housing to assist others and their families. I am proud and grateful to be here as part of your Resident Service team. Please look out for my workshops on healthy living, and feel free to contact me with any comments, questions or concerns you may have.

I was excited to work on this month's kids' workshop, "Outrun Fun," focusing on kids and movement. In our current state of this pandemic and the cooler weather, we have not been getting out and enjoying as much physical activity as we would like. The kids are significantly impacted by this, and the workshop was designed to give kids an opportunity to get their jitters out and interact with others in a virtual setting. Outrun Fun includes stretches that can be done in small spaces, using the imagination to mimic typical outdoor sports movements and time to relax the mind and enjoy some interaction. **Outrun Fun was held on Zoom, March 18, at 4 p.m..**



## Identity Theft Workshops

During March, identity theft workshops were held virtually and through conference calls at Fresno Housing properties. The virtual seminars included an open conversation about fraud, scams and phishing, emphasizing COVID-19 scams. The workshops included discussions on what thieves do with stolen information, recognizing if your identity has been stolen, protecting your identity, what to do if your identity has been stolen and how to recover from identity theft. Residents also had the opportunity to identify themselves to the Resident Service Coordinator if they have been an identity theft victim to receive personalized assistance and service referrals on how to resolve and recover.



## Resident Empowerment Calendar of Events

Did you know that you can find upcoming workshops and events offered on the newly redesigned Fresno Housing website? Workshops and events are available to all Fresno Housing residents participating in our housing programs. Events are offered in the areas of education, employment, financial literacy and much more. We also provide youth activities and after-school programs at some sites. The Resident Empowerment team also connects families to resources and provides information to help families navigate through our network of community partners.

If you haven't already, visit the resident section or the Calendar of Events at [www.fresnohousing.org](http://www.fresnohousing.org) to see more and to register.

Residents may also contact the site coordinator where the services are being offered for more information or email [ResidentEmpowerment@fresnohousing.org](mailto:ResidentEmpowerment@fresnohousing.org).